

REPORT ON NORTHWAY & MARSTON PLAY
& ACTIVITY DAY 2023
SATURDAY 15TH JULY 2023



BUILDING COMMUNITIES THROUGH PLAY'

Funding Secured and Event Organised and Delivered by:





OXFORDSHIRE PLAY ASSOCIATION

FREE ENTRANCE
AND FREE
ACTIVITIES

NORTHWAY AND MARSTON
PLAY AND ACTIVITY DAY
SATURDAY 15TH JULY 2023
11AM UNTIL 3PM
NORTHWAY RECREATION GROUND,
OXFORD. OX3 9RU



**Tricky Trails Biking * Go Kart Party * Groovy Su *
Body Zorbing * Giant Bubbles * Bright Sparks Science *
Smoothie Bike * DIY Face Painting * Ride on Time * Art
Avalanche * Climbing Wall * Tots of Mess * Muzo
Akademy II * Science Oxford * Parasol Project *
City Council Sports & Communities Teams * Oxford
University Chemistry Outreach Team and more!!!**

This is a Family themed event and as such NO Childcare is provided /
Please do feel free to bring a picnic although food will be available to
purchase on site / Please walk or use Public Transport for the event as
there is NO parking on site / This event will be photographed and
filmed.

**For further information contact - www.oxonplay.org.uk / 07436
270267 / martin.gillett@oxonplay.org.uk**



OLD MARSTON PARISH COUNCIL





This year's theme is...

Playing on a shoestring

– making every day an adventure

PLAYDAY THEME 2023

Playing on a shoestring - making every day an adventure.

This year's theme focuses on the everyday low-cost or no-cost play adventures that children can enjoy at home, in settings, and in our communities.

Play opportunities don't need to involve expensive activities, costly toys, or trips to far-off destinations. It is often the simplest ideas, the free and found opportunities, which offer the most fun, and are the most developmentally beneficial for children and young people.

Play is essential at all ages and stages of childhood, and is particularly important during times of crisis.

Play helps children and young people make sense of the world around them, deal with challenges, and build resilience.

Play is fun, enabling children and young people to make friends, blow off steam, and cope with stress and anxiety.

Play is vital for children and young people's health, happiness, and skills development including creativity, imagination, and sense of adventure.



Make this Playday, and every day, an adventure!



OPA would like to thank the following for their financial and practical support, without whom this event would not have happened



**OXFORDSHIRE
COUNTY COUNCIL**



SUPPORTED BY



COMMUNITY GRANT



**Green
Square
Accord**



OLD MARSTON PARISH COUNCIL







OPA PLAY AND ACTIVITY DAYS 2023

KEY AIMS AND OBJECTIVES

For Children & Young People

- 1) Promote Positive Behaviours & Activities (reduce anti-social behaviour)
- 2) Promote Increased Levels of Physical Activity
- 3) Promote a Healthy Lifestyle (healthy choices)
- 4) Promote Healthy Weight Management (obesity reduction)
- 5) Provide information on services and activities to promote a sense of Wellbeing and Inclusion

For Parents / Carers

- 1) Provide an Event offering both **FREE** Entrance & **FREE** Activities to Ensure an Inclusion for **ALL**
- 2) Demonstrate how Play & Quality Family Time can be achieved on a Zero / Minimal Budget using Natural & Recycled materials
- 3) Provide information on services and activities available in the local and wider area

For Communities

- 1) Encourage a greater sense of belonging to promote Active & Engaged Communities - 'Love Where You Live'
- 2) Promote local clubs, groups and societies
- 3) Involve local groups, communities and Children & Young People in the planning and delivery of each event





OXFORDSHIRE PLAY ASSOCIATION

**OPA's Vision is to 'Improve Lives Through Play'
OPA's Mission is to 'Champion and to support
the rights of all Children & Young People to
have access to, high quality, inclusive Play
opportunities to improve their Physical, Mental
and Spiritual wellbeing'**

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<https://www.facebook.com/OxfordshirePlayAssociationOpa/>

Twitter = @oxonplay